

# High School Pre-Season Summer Rowing Camps 2008

**For More Information**  
Please email  
deepcoverrowingclub@hotmail.com



**The Program**  
-10 hours instruction in one week  
- For new and experienced rowers  
- Row with your school or with the North Shore team

## The Schedule

Times	Mon-Fri 12-2pm	Mon-Fri 2-4pm
<b>Week 1</b> Aug. 4-8	North Shore*	Seycove
<b>Week 2</b> Aug. 11-15	Handsworth/Balmoral	Argyle
<b>Week 3</b> Aug. 18-22	Carson Graham	STA

\*North Shore Crew is a combination of all other schools that do not have a rowing team or that do not have a prescribed camp. If you cannot make your school's session, you can row with North Shore.

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## Registration Form

**Name:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **School:** \_\_\_\_\_ **Session:** \_\_\_\_\_

**New Rowers:** \_\_\_\_\_ **Returning Rowers:** \_\_\_\_\_

Program Cost: \$140 (GST + fees for admin and RCA fees included)

### Payment options:

1. Pay by cheque made payable to Deep Cove Rowing Club and mail to:  
**PO Box 32 #112-1151 Mount Seymour Rd., North Vancouver V7H 2Y4**
2. Pay through the North Van Recreation commission at [www.northvanrec.com](http://www.northvanrec.com)  
(click on programs/rowing/youth)

<b>Program:</b>	<b>\$140.00</b>
<b>Add a week:</b>	<b>\$105.00</b>
(GST & fees included)	

**Total Enclosed:** \_\_\_\_\_