

# Summer 2011

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	Masters	SrB Comp	Masters	SrB Comp	Masters	Masters	
7:30am	Comp Junior	Summer Rec	Comp Junior	Summer Rec	Comp Junior	Comp Junior	
9:30am			Summer Rec		Open Row	Summer Rec	Open Row
11:30 – 1:30	Youth LTR	Youth LTR	Youth LTR	Youth LTR	Youth LTR		
4:00 – 5:30	← NO ROW →						
6:30 – 8:00	Adult LTR	Adult LTR	Adult LTR	Adult LTR	NO ROW	NO ROW	NO ROW
7:00 – 8:30	Open Row	Open Row	Open Row	Open Row	NO ROW	NO ROW	NO ROW
8:30	← NO ROW →						

**\*\* Notes \*\***

1. Juniors are encouraged to attend the 'LTR' and 'Open Row' sessions to help out with the DCRC Beach Crew.
2. 'Open Row' sessions are not open to competitive Juniors. Only exception is for Juniors who are rowing with a parent who has completed a LTR course.
3. BC Championship in Victoria July 8 - 10. Coaches must be made aware of regatta absences prior to June 28.
4. Summer Schedule is in effect from June 27 – August 28.
5. Fall 2011 Schedule (high school season) will begin September 12 2011. (Tentative)