

2009 CORPORATE CHALLENGE

The Corporate Rowing Challenge is once again looking for participants from businesses, groups, clubs or individuals for the 10th annual event. Each crew practices twice per week for a 7 week rowing program at the Deep Cove Rowing Club. During the sessions teams will learn basic boat handling, technique, terminology, and racing skills. No previous experience is necessary. If you have a group of four or five you will always be rowing together at each session. If you are an individual we will place you with the appropriate group or other individual athletes.

The Championship Regatta will be held Saturday, May 23 at the John M.S. Lecky UBC Boathouse, Richmond.

Quads (5 people): **\$1500**
Individuals: **\$300**

PRACTICE TIMES (BEGINNING THE WEEK OF APRIL 6, 2009)

MON & WED 5:30PM – 7PM

MON & WED 7PM – 8:30PM

TUE & THU 5:30PM – 7PM

TUE & THU 7PM – 8:30PM

Custom times available upon request

Please visit our website for additional information and registration
www.deepcoverowingclub.com